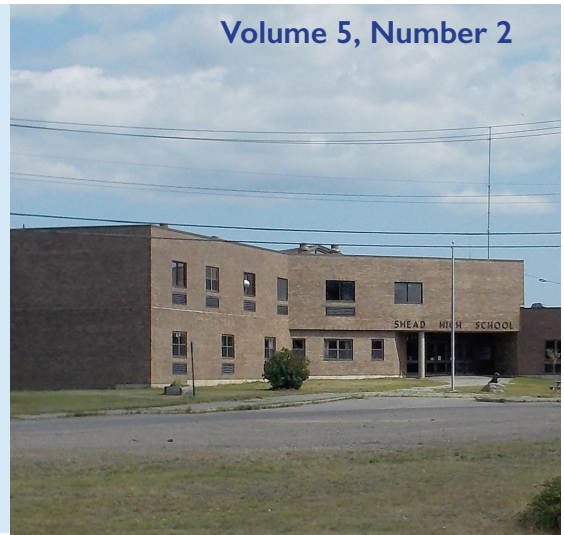




THE VIEW FROM THE HILL



News from Eastport Elementary and Shead High School

It's a repeat!

Once again, the Shead Tigerettes are Northern Maine Class D Basketball Champions and State Class D Runners-up. This year, senior guard Holly Preston and sophomore forward Madison Greenlaw were named to the Northern Class D All-Tourney Team and junior Cassidy Wilder received Honorable Mention. Preston was named the *Bangor Daily News* Owen O. Osborne Most Valuable Player in Class D and also represented Shead on the C/D North Girls All-Star Team at the 2017 Maine McDonald's® High School All-Star Game held on Saturday, March 11, 2017, at Husson University's Newman Gymnasium in Bangor. It was a family event for Preston as her father, Shead coach Dean Preston, was one of two coaches for the North All-Stars.



Photo by Don Dunbar

Congratulations, Shead Tigerettes!

*Cassidee Lawrence, Katelyn Mitchell, Holly Preston, Halle Sullivan, Justine Cheney,
Felicia Smith, Cassidy Wilder, Madison Greenlaw, Roxanna MacGregor, Kiesha
Scott, Audrey Bradbury, Manager Alexis Moore
Coach Dean Preston, Assistant Coaches Avery Preston and Dana Bowen*

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Outdoor education students go to Keene's Lake

Physical education teacher Josh McGuire's outdoor education class recently went on an early-spring field trip to Keene's Lake. Matt Harris, Jakob Fredette, Katelyn Mitchell, Jacob Paul, and Ezra Tolatovicz went ice fishing and cooked their catch over an open fire.



Students attend Engineering Expo

In celebration of Maine Engineering Week, six Shead science students attended the Engineering Expo at the University of Southern Maine (USM) in early March. Science teacher Paul Patterson and math teacher Allicia Mitchell accompanied sophomore Sarah Bartlett and juniors Alex Johndro, Jakob Klentzman, Aaron Lank, Ethan Lank, and Maritza Olson to the Gorham campus of USM.

Maine's top engineering firms, engineering schools, educators, government agencies, industries, and engineering societies provided hands-on activities and exhibits, including a chance to work with 3-D printers and pens. Engineering students from the University of Maine at Orono staffed several booths including an air-powered T-shirt cannon, a laser-dart simulator, and a student-built human-sized race car. Maine Maritime Academy and USM also had displays, which included a pontoon lobster boat that was designed to reduce fuel consumption.

Students were encouraged to consider careers in science, math, engineering, and technology (STEM) to prepare for the workforce of the future.



Seven of the Cobscook Bay area MCC Future of Maine College Aspirations Scholarship winners. Over the years of this program, so many essays have had the word "college" misspelled as "collage" that the correct spelling is given one point in the scoring. The t-shirts the winners are wearing emphasize the correct spelling.

Maine College Circle awards scholarships

Ten students in grades three through six have been awarded scholarships by the Maine College Circle. The Cobscook Bay Future of Maine College Aspirations Scholarships are worth \$100 each and are redeemable when a student enrolls in college, applies to college, or begins pursuing college or career aspirations by making campus visits.

All students vying for scholarships wrote essays about their future career plans and a college and course of study that would help them achieve their goals. A panel of two educators, three community members, and three members of the Shead High School National Honor Society scored the applications, leading to the selection of the winners.

Recipients included two students from Eastport Elementary, Jesse Cook and Isaac Sullivan; one from Beatrice Rafferty School; two from Perry, one from Charlotte, and one from Pembroke Elementary Schools; and three from Edmunds Consolidated. Congratulations to all the winners!





JMG students earn trophies

Jobs for Maine Graduates (JMG) students from Shead competed in several challenges at the JMG Career Development Conference held on March 27th and 28th at Thomas College in Waterville. Approximately 600 students, 100 volunteers, and 100 JMG specialists attended the conference.

Shead seniors Matthew Harris, Ezra Tolatovicz, CeCe McCoy, Mackenzie Hansen, Alexis Moore, James Sapiel, Kaylie Robertson, Brian Altwater, Dalton Theriault, Isaac Curtis, and Courtney Brooks, and juniors Michelle Cook, Aaron Lank, and Maritza Olson attended the conference with their teacher, JMG specialist Tara Poole.

The students dressed professionally in business attire for the conference. They showcased their skills, competed in events, explored a career and college expo, and became familiar with a real college campus.

Competitions measured student skills in interviewing, job preparedness, team work, communications, and leadership. Students competed in contests as well as in simulated job and college admissions interviews and a JMG knowledge quiz.

Students also had a chance to showcase their accomplishments over the past year in the Career Association Marketplace, to win educational scholarships, and to network with professionals from Maine's business and college community in the Career and College Expo.

The Shead team won five trophies, the most Shead JMG groups have ever won, including first place, "Lego Challenge;" second place, "Online Employment Application" and "Know It All;" and third place, "Rat Race" and "Group Challenge."

Shead senior Alexis Moore won the Maine State Chamber of Commerce Scholarship. This is the biggest scholarship awarded by JMG. This year, there were over 600 applicants from all over the State of Maine.



NHS inducts eleven

Eleven Shead students were inducted into the Passamaquoddy Chapter of the National Honor Society (NHS) in a candlelight ceremony led by NHS president Matthew Harris.

Seniors James Sapiel and Ezra Tolatovicz, juniors Aaron Lank and Cassidy Wilder, and sophomores Jacquelyn Cook, Trevor Fenderson, C.J. Francis, Brooklyn Gardner, Madison Greenlaw, Roxanna MacGregor, and Margaret Seeley are the new members. Advisor to the group is Assistant Principal Bobbie Mitchell.

Each year, the NHS students at Shead organize and work at a variety of community service events, including catering and hosting the annual First Bank Customer Appreciation Day at Christmas, assisting Santa at the EES Christmas party, and planning Shead's Red Cross Blood Drive each spring.



Book swap at EES

Visitors to Eastport Elementary School (EES) will notice something different on the lost-and-found bench across from the cafeteria. Grades 3 and 4, under the supervision of their teacher, Rachel McNally, have established a lending library.

The idea was McNally's but she says her students "took the idea and ran with it. They wrote letters and made signs looking for donations and put the shelf together."

All sorts of books are available at the book swap, including picture books, chapter books, and more. Students are free to "Take a book, leave a book," which encourages literacy through the enjoyment of self-selected readings and allows for a continuing supply of books. Students are invited to swap books they have at home for books they haven't yet read. Community members are also welcome to donate children's books. There is still a need for more books, particularly chapter books for grades 5 through 8.

Students pass by the book swap every morning and afternoon and at lunchtime, so there is plenty of opportunity to find out what new books have been added to the lending library. Statistics show that "a student who reads just 20 minutes a day will read an average of 1,800,000 words by the end of the year."

McNally's students are interested in possibly having an outside box for the summer.



Staff changes at Eastport schools

Last fall's resignation of Shead English teacher and technology coordinator Benjamin Brigham set up a chain reaction in staffing at Eastport schools. This required some shuffling and hiring. Eastport Elementary School (EES) grade 7-8 teacher Heidi Parsloe took the English position at Shead.



Kayla Barber is from Calais, but currently lives in St. Stephen, New Brunswick. At the University of Maine at Machias, she majored in elementary education with a concentration in social sciences. Before coming to EES, she worked as a behavioral health provider at the Calais Day Treatment Program. Her interests include cheerleading and reading fiction.

Brigham's part-time position as technology coordinator was part-time, but the school administration soon recognized the need for full-time staffing of the technology department. The part-time tech coordinator at EES for a couple of years has taken on the full-time job of keeping the technology running in both buildings.



Nathaniel Moore, a native of Corinth, Maine, graduated from Bangor High School and Eastern Maine Community College with a major in computer systems technology. Currently the pastor of the St. Croix Assembly of God, he spent six years as an assistant chaplain at the Charleston Correctional Facility. About his work for Eastport schools, he says, "I can say that my job is never dull. There are always challenges and opportunities to learn new things."

Help your student be a successful learner

The study skills your child needs in middle school are the same ones she will need in high school: **getting organized, taking good notes and studying effectively.**

As your child moves toward independence, she's less likely to ask for your advice. She will need to go through some trial and error to come up with the strategies most compatible with her learning style. And you'll want to encourage her to take responsibility for her own school work. You can help her by monitoring homework, asking questions and helping her evaluate what works for her—and what doesn't. (by greatschools.org)

FoodCorps program brings nutrition awareness to EES

Samantha Cottone, FoodCorps AmeriCorps Service Member, has been working with students at Eastport Elementary School (EES) on Wednesdays and Thursdays. Special education students are learning cooking skills and recently made spring rolls. Grades 3 through 8 are planting seeds for spring transplant, with grades 7-8 growing onions, grades 5 through 8 growing peppers, and grades 3-4 growing spinach. Grades 7-8 also studied a unit on Native American gardening and cooking.

Each classroom has chosen a garden bed on the EES campus. K4-K5 will be growing a sensory and herb garden on the island between the parking lot and the front of the school. Grades 1-2 will be building a new bed in front of the catnip bed by the upper playground.

Grades 3-4 will plant their garden next to the garden shed. The upper grades, 5-6 and 7-8, will each have one of the white raised beds. Each class is planting different things, with grades 5-6 already choosing a rainbow theme.

One focus of the schoolyard garden project is growing food for use by the cafeteria chef. Students may decide to have a seedling sale with their excess plants, and/or sell vegetables later in the season.

Shed junior Mary Bartlett and Cottone are currently working on a backpack program called the "Tiger Pantry," which will provide food and nonfood items to students in need. They have received some donations, but are currently searching for sustainable sources of food and funding.

Cottone says, "Thank you so much to those who have already donated to the Tiger Pantry." She is also looking into providing summer meals for students at EES or the Eastport Arts Center.



EES special ed students making spring rolls.

Shed students discuss bullying

A group of Shed students met this week at the Eastport Port Authority Building to discuss issues about bullying, discrimination, and civil rights. The workshop, the second one this year, was facilitated by Steve Wessler, Executive Director for the Center for Preventing Hate (CPH).

The CPH is, according to its website, "a non-profit organization dedicated to preventing and responding to bias, harassment and violence by providing education and advocacy in schools, colleges, government agencies, nonprofit organizations and communities."

At the Shed group's first meeting, students worked in small groups to discuss their concerns about bullying and their experiences and observations about discrimination. At the recent meeting, students worked as a large group to build the skills necessary to address bullying and advocate for those who experience discrimination.

Wessler practiced law for over 22 years and developed and directed the Civil Rights Unit of the Maine Attorney General's Office. He has received many awards for his work in civil rights from a variety of organizations, including the Maine Children's Alliance, the Maine Civil Liberties Union, and the Portland Branch of the NAACP. He is currently a member of the faculty at the University of Southern Maine, and is author of *The Respectful School* as well as articles and other publications focusing on hate crimes and prevention.



EAC outreach program supports literature classes



Naphtali Fields, the current Island Fellow at the Eastport Arts Center (EAC) is working with freshmen and juniors at Shead every Tuesday on a program called “Embodied Literature.” This program provides creative activities to give students more tools they can use for the analysis and application of literature. These include activities for building trust, creativity, and personal expression, incorporating them into the English Language Arts (ELA) curriculum.

Fields manages outreach and programming for the EAC and will be directing two Stage East productions and one by the children’s theater troupe. In addition, she recently presented “Icarus,” a two-woman play she co-wrote, directed, and performed at the EAC with Caitlyn Ference-Saunders of Los Angeles.

Of her work in ELA teacher Heidi Parsloe’s classes, Fields says, “Shead students are really wonderful. They have enthusiastically embraced unusual techniques and exercises and surprised me with their creativity and participation.”

Students visit UMaine planetarium

On Wednesday, April 5th, while Shead juniors were toiling over at the Maine Educational Assessment SAT, freshmen and sophomores and their chaperones traveling aboard the Eastport Port Authority’s new bus on a field trip to the Emera Astronomy Center/M.F. Jordan Planetarium at the University of Maine.

One of the exhibits most popular with students was the scale that showed how much an individual or group weighed on other planets/celestial bodies compared to earth. Another popular presentation showed how space exploration has affected everyday life in everything from cardiac pacemaker batteries to GPS units to communications. Students also saw an overview of the constellations in the night sky presented in three-dimensional imagery.

Shead science teacher Paul Patterson remarked, “The technology of the imaging was really cool.” He also praised the astronomy graduate assistant who presented to the students.



EES cheerleaders compete

The Eastport Elementary School (EES) cheerleaders traveled to the Cross Center in Bangor for the recent elementary school cheerleading competition. Under the direction of coach Kendra MacDonald, EES K4-K5 teacher, the Panther cheerleaders earned third place in their division.





Mixed Nuts actors named to All-Festival Cast

Shead's Mixed Nuts chose "Superhero Sanitarium" as their production for the one-act competition. The play tells the story of a journalist researching mental health facilities. She ends up visiting an institution where the quirky patients think they're superheroes.

The Mixed Nuts and the Washington Academy Players performed for a full house at the Eastport Arts Center (EAC) before the competition.

Students went to Mount Desert Island (MDI) High School in Bar Harbor to compete in Class B in the Eastern Region of the Maine Drama Festival. Competing against four other schools, Shead was awarded third place. MDI was first, Deer Isle-Stonington second, WA fourth, and Sumner fifth.

Two Shead actors received All-Festival Cast awards, which Shead drama coach/director Caryn Vinson describes as the highest individual award of the festival. Freshman Sarah Bartlett was honored for her performance as superhero Mental, who believes she can read minds. Sophomore Carroll ("C.J.") Francis was awarded for his role as Speed Freak, who thinks he can run at incredible speeds. Halle Sullivan, Sarah Bartlett, Roxanna MacGregor, and Cassidee Lawrence won fourth place in the Tech Olympics competition.

Other cast members were Audrey Bradbury, Sean Maher, Kaylie Robertson, and Halle Sullivan. Crew members included Colby Jamieson, Cassidee Lawrence, Gabby Marin and Roxanna MacGregor.

Donations received at the EAC performance were split between the Shead and WA troupes to defray production costs. The Mixed Nuts thank the EAC for its support.

Jazz Combo earns high marks at district and state festivals

The Shead High School Jazz Combo under the direction of music teacher Robert Sanchez competed in both the regional and state Instrumental Jazz Festivals.

The regional festival was held at Mount Desert Island High School in Bar Harbor, and the band scored well enough to qualify for the state festival at Nokomis High School in Newport.

Members of the jazz band are freshmen Elijah Brice (keyboards), Luke Lane (drums), and George Mills (upright bass); sophomore John Henry Mills (guitar); juniors Audrey Bradbury (vocals) and Laura Lane (guitar); and senior CeCe McCoy (vocals).

Sanchez explains that the judging process has changed. Instead of being a competition, combos had to get a certain amount of points from three judges.

At the regional festival, the Shead combo received a "one." John Henry Mills, George Mills, Elijah Brice, and Laura Lane each received "one" for their solos. According to the guidelines of the Maine Music Educators Association (MMEA), a score of one indicates "An outstanding performance that exceeds the expectations for the level entered."

At the state festival, the combo received a collective score of "two." MMEA guidelines state that a score of two demonstrates that the band "Successfully meets the expectations for this level and has many commendable aspects." CeCe McCoy, Laura Lane, John Henry Mills, and Elijah Brice each received a "one" for their solo performances.

April is Jazz Appreciation Month. To celebrate, the Shead High School Jazz Combo will perform on Wednesday, April 12th, at the Eastport Arts Center at 7:00 pm, as will the Washington Academy Jazz Band. Donations of \$5 for admission is suggested for adults, with students admitted free. The money raised at the concert will benefit the jazz programs at the two schools.



Eastport Elementary calendar

April

- 7 *Third quarter grades close*
Grades 3-6 Job Fair at Washington Academy
- 10-14 Cabin Fever Week
- 12 Grades K4-4 Easter party at Eastport Senior Center
- 13 Parent-teacher conferences, 3:00-7:00 pm
Early release for students and staff, 11:30 am
- 14 8th grade basketball tournament,/Chinese raffle, 12:00 pm
- 15 8th grade basketball tournament/Chinese raffle, 8:00 am
- 17-21 Spring vacation
- 24 School resumes
- 26 Game night, 5:30 pm
- 27 Early release for students, 1:30 pm
Basketball playoffs to be announced.

May

- 1 K-4 screening, 8:30 am
- 3 Early release for students, 11:30 am
- 11 Early release for students, 1:30 pm
- 18 Early release for students, 1:30 pm
- 25 Early release for students, 1:30 pm
- 29 Memorial Day, no school

June

- 8 8th grade graduation, 6:00 pm
- 9-11 8th grade class trip

Extended school days will continue until further notice.

GAME NIGHT AT EES!

Thursday, April 26th

from 5:30 to 6:30 pm

Snacks will be available.

A door prize will be awarded.

**All students must be accompanied
by an adult!**

Help your student be a successful learner

A psychology professor at the University of Virginia asked 350 of his students how they study. 84% re-read notes and textbooks, and 43% did practice problems. (This correlates with other studies.) Only 11% reported self-testing, or practicing recall, which many researchers consider the most effective strategy. **Flashcards/notecards are a useful tool for self-testing.**

Shed High calendar

April

- 4 Discrimination/anti-bullying workshop
- 5 SAT testing for juniors
Freshman/sophomore planetarium field trip
Release day for seniors
- 7 *Third quarter grades close*
Sophomore/junior prom, 7:00 pm
- 11 Thou Art Fair Art Fair, UMM, 9:00 am
- 12 Science augmentation testing for juniors
Jazz band performance at EAC, 7:00 pm
- 13 Parent-teacher conferences, 3:00-7:00 pm
Early release for students and staff, 11:30 am
- 17-21 Spring vacation
- 17 Baseball/softball, Calais at Shed, 4:00 pm
- 21 Baseball/softball, Wisdom at Shed, 2:00 pm
- 24 School resumes
- 25 Baseball/softball, Shed at Jonesport-Beals, 4:00 pm
- 27 Early release for students, 1:30 pm
- 28 Baseball/softball, East Grand at Shed, 4:00 pm
- 29 Tennis, Shed/Van Buren at Houlton, 11:00 am, 1:00 pm

May

- 1 Baseball/softball, Woodland at Shed, 4:00 pm
- 2 Baseball/softball, Shed at Machias, 4:00 pm
Tennis, Shed at Calais, 3:30 pm
- 3 Early release for students, 11:30 am
- 4 Baseball/softball, Shed at East Grand/HCA, 4:00 pm
- 5 Tennis, Shed at Woodland, 3:00 pm, 5:00 pm
- 6-8 NACAC Boston College Fair trip
- 9 Tennis, Calais at Shed, 3:30 pm
- 10 Baseball/softball, Jonesport-Beals at Shed, 4:00 pm
- 11 Early release for students, 1:30 pm
- 12 Baseball/softball, Narraguagus at Shed, 4:00 pm
- 15 Baseball/softball, Shed at Narraguagus, 4:00 pm
- 17 Senior celebration, 10:00 am
- 18 Early release for students, 1:30 pm
- 20 Softball, Shed /Woodland at Hampden, 4:00 pm
Baseball, Shed /Woodland at Mansfield, 7:00 pm
- 22 Baseball/softball, Machias at Shed, 4:00 pm
(Senior night)
- 24 Shed High School athletic banquet, 6:00 pm
- 25 Early release for students, 1:30 pm
DAC All-Stars banquet, Machias HS, 6:00 pm
- 27-29 Senior class trip
- 29 Memorial Day, no school
- 30 Tennis, Woodland at Shed, 3:30 pm
- 31 Baseball/softball, Shed at Calais, 4:00 pm

June

- 1 Class Day, 2:00 pm
Graduation, 8:00 pm
- 2 Graduation Ball, 8:00 pm

Extended school days will continue until further notice.

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The Shed community liaison is Catherine Lee.