The View From the Hill



INSIDE

2-3 ARTS AFTERNOON

Students gather at the EAC for music and poetry

4-5 MELMAC NEWS

First "Harvest of Opportunity" dinner a resounding success

6 WELCOME, FRESHMAN

Supper, reception welcome the Class of 2017

7 COMMUNITY SERVICE

Students work a bank event and the annual Turkey-a-thon

8 SPORTS ROUNDUP

Fall and winter sports teams complete successful seasons

An exercise in fluid dynamics

Marine science class builds hovercraft

Under the direction of teacher Paul Patterson, Shead's marine science class has been studying fluid dynamics with a special focus on the effects of gases on materials. (For those for whom high school physics is a distant memory, fluid dynamics deals with the movements and flow of liquids and gases.)

To demonstrate their learning, Shead students Matt Harris, Isaiah Chevrier, Cierra Seeley, Dustin Leighton, and Brad Ward put pencil to paper to design a working hovercraft. They were instructed that their craft needed to hold several hundred pounds. The hovercraft they built worked well in its first trial over the lab floor, but Patterson says they may plan future modifications to maximize its lifting abilities.

The class plans to take their project out to a frozen lake or pond and see how it works there. At some point, it will be available for public viewing, perhaps at the spring open house at Shead.

Patterson says, "Student-designed projects and learning are an integral part of the ever-evolving" marine science course.





Celebrating and helping others

Christmas activities spotlight the season

Once again, Shead students and staff participated in a variety of activities before the Christmas break.

National Honor Society students dressed as elves to help Santa deliver gifts to students at area elementary schools.

Afterwards, students and staff gathered for the annual Christmas dinner with all items donated and cooked by members of the faculty.

This year's menu consisted of ham, turkey with gravy, mashed potatoes, green bean casserole, corn, stuffing, rolls, and a variety of desserts.

Prizes were awarded in multiple categories in the door decorating contest, with science teacher Paul Patterson winning "Best Overall" for his physics-themed Santa door.



Eastport Arts Center hosts Shead

On Friday, January 9th, the entire student body and staff of Shead High School spent an "Afternoon of the Arts" at the Eastport Arts Center (EAC). The event was facilitated by Ben Brigham, Shead English teacher and local Poetry Out Loud coordinator, and the EAC's Chris Grannis. Students and staff walked as a large group from the high school to the EAC on Washington Street.

Shead principal Paul Theriault explains the motivation for the "Afternoon of the Arts" by saying, "The Eastport Arts Center is a great resource for the Eastport area. We have talked for several years about how we could get our students more involved with it, and there is no better way to do that than to actually take them there so they can see what an exciting place it is. We already partner with the EAC to provide our students with a Master Art Class taught by a professional artist, Richard Klyver, but actually getting them to the site to experience an arts event does way more than just talking about it. Some of the students were resistant to the idea, but afterwards, everyone was excited and said it was a great afternoon. We are very thankful for the EAC and look forward to partnering with them for many more events."

After a welcome by Brigham, the Shead jazz band under the direction of music teacher Robert Sanchez performed several numbers. Saxophonist Macky Hood played a duet with Sanchez on guitar, and Lance Morrison played a guitar solo. Faculty members Theriault, Brigham, Tom Murphy, Leah McLean, David Lane, and Catherine Lee, and substitute teacher Robin Farrin, each read or recited a favorite poem, which ran the gamut

Special guests for the afternoon were Diana Boone's sixth grade students with a multimedia performance of Joyce Kilmer's class poem, "Trees." The students recited the poem as a group and displayed their paintings inspired by the poem.

The Poetry Out Loud competition, a nationwide contest that encourages youth to learn about great poetry by memorizing and reciting it, saw Eastport Elementary student Audrey Bradbury take first place and Shead student Heaven Auger take second. The competition was judged by Brigham and professional poet Michael Brown, editor of the poetry journal Off the Coast.

Closing out the afternoon, Shead's own rock band, Evishin, performed at set that included an original song and were enthusiastically received by their fellow students.

New on the local music scene

Shead's Evishin plays first gigs

For the first time in many years, Shead has a rock band to call their own. Evishin's lead guitarist Scotty Young, rhythm guitarist Austin Smith, bassist John Novak, and drummer Donnie LaViolet got together this fall through Shead music teacher Robert Sanchez's band classes. The band is already writing their own music in addition to performing covers of popular songs.

Evishin made their debut at Shead's "Afternoon of the Arts" at the Eastport Arts Center on January 9th. A couple of weeks later, they made their first public appearance with a Sunday afternoon performance at the Rose Garden Cafe in Eastport, the first of what may become a monthly event.

THE VIEW FROM THE HILL www.shead.org



4 SHEAD MELMAC NEWS

Members of Shead's MELMAC Education Fund Committee who organized the first annual Shead "Harvest of Opportunity" dinner include staff member Catherine Lee, parent Steve Theriault, guidance counselor and MELMAC grant coordinator Leah McLean, vice-principal and special education teacher Bobbie Mitchell, and University of Maine at Machias professor Carol Wolf.



Harvest of Opportunity

First annual studentparent dinner a success

On Tuesday, November 5, the MELMAC Education Fund committee and faculty at Shead High School hosted fall's first school-wide parent event, the "Harvest of Opportunity: A Conversation about Your Child's Future." Over ninety parents and students came to Shead for a roast turkey dinner with all the fixings, brief presentations about planning for students' post-secondary futures, and an opportunity for informal conversations with faculty members and class advisors.

Dinner was prepared by MELMAC committee members Bobbie Mitchell, Leah McLean, and Catherine Lee. Following the dinner, guidance counselor and MELMAC grant coordinator McLean presented an overview of the MELMAC "Connect Aspirations to a Plan" grant, which Shead first received in 2007. This grant provides funding for trips to college fairs, including the spring trip to the National College Fair in Boston, and for college visits to a variety of Maine colleges and community colleges. The grant also provides support for the transition from high school to college or community college, with summer interviews before

and after the first year of college to verify enrollment and make sure that all Shead graduates have the skills and supports they need for success in their studies and campus life. Another important aspect of the grant is to help parents and students start planning for the future early, no later than freshman year. Whatever path a student chooses—college, community college, the military, a certificate program, an apprenticeship, or a jobthere are steps proven to ensure success. The "Harvest of Opportunity" is one way to start the process, and the committee hopes that next year's event will involve even more parents and students.

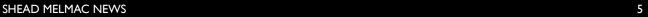
Dr. Carol Wolf, English professor and coordinator of the Early College Program at the University of Maine at Machias and also Shead's MELMAC coach, gave parents and students an overview of the Accuplacer test, which is used by many colleges, including the University of Maine System and the Maine Community College System, to identify strengths and weaknesses in student reading, writing, and math skills and to place students in the appropriate level college classes. Wolf pointed out that students who do not score well must take "developmental" classes to get them ready for college-level work. At UMM, tuition and fees for a developmental class total about \$800 and no credit is given for these courses. Some

students entering UMM require up to four developmental courses, which means spending \$3200 and an entire semester without earning college credit. As part of the MELMAC grant, Shead offers all college-bound and community-college-bound juniors free Accuplacer testing at UMM. Those who score as needing developmental work in any of the three subject areas then do their developmental course work at Shead their senior year and go to college ready to take college-level courses.

MELMAC committee parent representative Steve Theriault spoke about the post-secondary planning process from the parent point of view. Another initiative of the MELMAC grant is support in the financial aid process, including on-site help with scholarship searches and filling out the FAFSA federal financial aid forms. Theriault talked about his own experiences in planning for his oldest son to attend college, and stressed the need for parents to be involved in postsecondary and career planning as early as eighth grade by having conversations about career choices, visiting colleges, and making sure high school course choices line up with future plans. He applauded the parents who came to the event and said that they had already taken the first step towards ensuring a

continued on next page

THE VIEW FROM THE HILL





Shead students and their parents listen to guidance counselor Leah McLean talk about the MELMAC "Connect Aspirations to a Plan" grant which Shead has participated in since 2007.

Shead students and their parents enjoy the turkey dinner prepared by the MELMAC committee.



continued from previous page

successful future for their students by forming connections with their students' high school teachers.

All families attending the event were given copies of Shead's new series of

grade-related brochures, the *Roadmap to the Future*. This useful document includes grade-specific advice, links, and contact information useful in navigating high school and planning for the future. Parents who did not attend the dinner can obtain a copy by calling Shead at 853-6254 and

specifying which brochure(s) they would like to receive.

The \$150 heating oil door prize sponsored by the MELMAC committee was won by Trudy Newcomb to use at a vendor of her choice.

6 WINTER 2013-2014

Class of 2017 enters Shead

Freshman supper/reception held

On Friday, October 4th, the Freshman Supper and Reception formally welcomed the Class of 2017 to Shead. Supper was provided by a group of Shead staff and freshman parents for the enjoyment of the freshmen and their families. Vice-Principal and special education teacher Bobbie Mitchell coordinated the event. JMG teacher and freshman class advisor Tara Poole and her team of students decorated the gym for the festivities.

Following the supper, the Class of 2017 was led in a grand march by the Freshman King and Queen of the Class of 2014, Tyler Fenderson and Savannah Ampungan. Following the march, Holly Preston of Perry and Matt Harris of Eastport were crowned Freshman King and Queen.

Dancing went on until late in the evening, and a good time was had by all.



THE VIEW FROM THE HILL www.shead.org

WINTER 2013-2014 7

First Bank Holiday Open House

Shead students cater bank event

A group of Shead students put their culinary skills to good use when they provided the refreshments for the annual Holiday Open House at the Eastport branch of First Bank on Washington Street. The event was held on Friday, December 13th, 2013.

Each year, the bank hires someone to provide the refreshments and staff the table for the all-day open house. This year, they decided to offer some of the student cooks at Shead the chance to provide the goodies, and the feedback received from the bank's customers indicate that the goodies were very good indeed.

Tari Camick, Assistant Vice President and Branch Manager, said, "These students provided the best variety of food we've ever had, and they were well-organized and professional tending the table. They are a great group of kids, very dedicated. The students took care of everything, so the bank staff did not have to. It went very well."

Under the direction of Bobbie Mitchell and Catherine Lee, students planned the menu and prepared both sweet and savory items for the open house, including sandwiches, dips and chips, fruit salad, vegetable trays, cookies, and bars. Coffee and hot apple cider were also available.

The Shead students hosted the event, with senior Mikayla Myers of Robbinston and sophomore Sarah Curioli of Eastport spending most of the school day at the bank. Juniors Ieisha Mitchell and Mariah Kirshman also hosted for part of the day. Cooking for the event were Mikayla Myers, Priscilla Myers, and Ariel McPhee, along with Ms. Mitchell and Ms. Lee.

Thanksgiving fundraiser

Shead participates in another Turkey-a-thon

Again this year, Shead students and staff participated in the annual Turkey-a thon sponsored by Washington County: One Community, A Local Healthy Maine Partnership (WC:OC) and Classic Hits Radio WQDY 92.7/WALZ 95.3. The Turkey-a-thon was held at seven locations in Washington County on Friday, October 25th, to solicit donations for area food pantries. It is the largest annual fundraiser for these food pantries. The event, in its ninth year in 2013, raised over \$30,000, which provided more than 2500 turkeys for needy Washington County families. As Sara McConnell of WC:OC and Jeff Demmons of WQDY pointed out after the event, all the money raised will be spent at Washington County businesses to benefit Washington County families. The gift certificates purchased at local stores will help families who are struggling financially to have a healthy holiday dinner.

Various student organizations and their advisors reported to Raye's Mustard Mill to solicit donations. The National Honor Society and advisor Bobbie Mitchell, the Shead Student Senate and advisor Harriett Real, the boys soccer team and coach Ben Brigham, the girls soccer team and coach Dana Bowen, and Jobs for Maine Graduates (JMG) students and JMG teacher Tara Poole all worked to raise money for the Turkey-a-thon. For every \$12 donated, a gift certificate for a turkey could be purchased for a family in need. Shead High School thanks everyone who helped make the Eastport site's fundraiser a success.



THE VIEW FROM THE HILL www.shead.org

WINTER 2013-2014



Sports Roundup

Soccer, basketball post successful seasons

Shead's fall sports teams did well this year, with both boys' and girls' soccer making the Eastern Maine Class D playoff rounds. The boys' team, coached by Ben Brigham, finished 6th in MPA Heal Point standings with a 9-4 regular-season record and won the DAC league championship. The team prevailed in a prelim against Machias and a quarterfinal against Ashland before falling to undefeated eventual state champions Bangor Christian 2-1 in their semifinal round. Coach Brigham says, "The season was full of both individual and team success as well as defeats and challenges that led to growth. I'm grateful for the opportunity to work with such an outstanding group of young men this year."

The girls' soccer team, coached by Dana Bowen, also finished 6th in Heal Point standings, completing their regular season with a 7-5 record. The girls lost their Eastern Maine Class D prelim to Easton.

Both of Shead's varsity basketball teams qualified for post-season play. The girls' varsity team under Coach Sara Moore and assistant Joni Kinney finished their season with an 11-7 record and were thirteenth in the Heal Point standings. They fell to fourth-ranked Washburn in their Eastern Maine Class D prelim game. Coach Moore said of her team, "They had a successful season, losing to only three teams in very competitive games. Six of their seven regular-season losses were within ten points."

Coached by Darrin Constant and assistant Josh McGuire, Shead's varsity boys finished in fourth place in Heal Points with a 13-5 regular-season record. In a very close prelim game, they were unable to notch the third win against Deer Isle-Stonington, a team they won against once in regulation time and once in overtime in regular season play.

The golf team, coached by Josh McGuire, and cross-country, with first-year coach Chrissy Greenlaw, also did well last fall. Statistics for their seasons were not immediately available.

Shead's Pirate Festival float Here there be pirates THE VIEW FROM THE HILL

SHEAD'S LEADERSHIP TEAM

Shead's Leadership Team is working on a variety of school improvement issues including but not limited to the Response-tobe viewed at indistar.org using a password obtained by calling or emailing the Shead office.

The team consists of Principal Paul Theriault, Vice-Principal Bobbie Mitchell, Guidance Counselor Leah McLean, Team Process Manager Catherine Lee, Chrissy Greeenlaw, David Lane, Allicia Mitchell, and parent Maryann Urquhart. George Tucker of the Maine Department of Education is the team coach.

About Indistar

Functioning like a GPS, Indistar® is a web-based system used by school improvement activities. It provides research-based "Wise Ways"® linked to improvement for creating activities and tracking progress.

Shead High School 89 High Street, Eastport, Maine (207) 853-6254