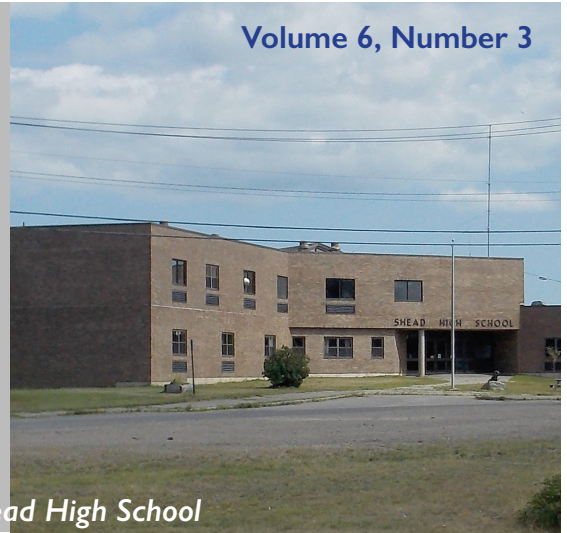




THE VIEW FROM THE HILL

News from Eastport Elementary and Shead High School



Students defy cold to dip for charity

On Friday, March 2nd, 42 brave souls ignored the chilly weather to run into the Atlantic Ocean at Split Rock, Sipayik, to raise money for charity at the 18th annual Washington County Community College (WCCC) Polar Bear Dip. Seven of Shead High School's Jobs for Maine Graduates students were among those taking the plunge in 40-degree weather. The students were released from school to take part in this worthy event.

Each dipper collected pledges from their families, friends, and community members. The total amount raised for Ronald McDonald House and Sarah's House was \$10,200. Both places provide temporary housing for people traveling long distances to the Bangor area for certain medical treatments, an option that is very welcome to many Downeast residents.

Several area businesses provided warm comfort for the dippers. The Nook & Cranny Restaurant was on hand with free meat and vegetarian chili, and Dunkin Donuts offered free donuts and beverages. On site for safety were Downeast EMS and the WCCC dive team.

The Polar Bear Dip has been organized since 2000 by the WCCC Student Senate. At that time, Shead alumna Tessa Chaffey Ftorek was the faculty advisor to the Senate. They decided the Ronald McDonald house was a worthy recipient, later adding Sarah's House as well, and the annual freeze for charity was on.



18th Annual WCCC Polar Bear Dip



to benefit the Ronald
McDonald House
and Sarah's House

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Shead combo attends jazz festivals

The Shead High School Jazz Band under the direction of Eastport Schools music teacher Robert Sánchez, competed at the District 6 Jazz Competition on Wednesday, February 28th, at Ellsworth High School, and the State Jazz Competition at Nokomis High School, Newport, on Friday, March 16th.

The Shead High School Jazz Band consists of one junior, two sophomores, and three freshmen, so Sánchez is looking forward to several more years of quality jazz and successful competitions. He notes there are also younger musicians who will in the near future be entering high school and joining the band. Current members are John Henry Mills, guitar; George Mills, bass; Jacob Cook, drums; Sarah Bartlett, alto saxophone; Rebecca Johnston, flute; and Maleeka Anthony Barnes, tenor saxophone.

The only band from Washington County at the competitions, they played three selections, with two of them, “Honeysuckle Rose” and “Green Dolphin Street,” co-arranged with local musician John Squibb. The third selection was John Scofield’s “Slinky.”

Sánchez points out that the festival is not a competition. Two judges score each band and offer constructive criticism. Multiple awards or none at all can be awarded depending on point scores. The combined scores at the district competition qualify bands for the state. Sánchez said, “This is a great chance to see what other bands are playing, a great learning experience. Our kids did a great job.”

At the state competition, John Henry Mills received one of five Outstanding Musician Awards. The band as a whole received an Honorable Mention.

Class of 2019 officers learn about entrepreneurship

On Friday, March 9th, Shead’s junior class officers traveled to How Sweet It Is in Machias, a sweet-treats store featuring a wide variety of flavored popcorn, chocolate, candy, and cotton candy.

Owner Lisa Contard gave the students an inside look at what it’s like to own a small, local business.

Since the junior class is selling popcorn and cotton candy as a fundraiser for the Sophomore-Junior Prom, the officers learned how to make and package all the popcorn and cotton candy orders themselves.



EES students sample banana pancakes, fruit drinks

Sam Cottone, FoodCorps Service Member, visited Eastport Elementary School on Thursday, March 15th, for a school-wide taste test of banana pancakes. The pancakes were a big hit, with a 97% “love” rating, 3% “like,” and 0% “not today.” Allicia Mitchell’s seventh-grade math class helped prepare the batter.

For anyone interested in making these kid-recommended (and heart-healthy) banana pancakes, Cottone has generously shared her recipe, which makes about six small pancakes:

SAM’S BANANA-APPLESAUCE PANCAKES

1 banana
1 egg
1/4 cup applesauce
1 tsp vanilla extract
1/2 cup oats (to be ground into flour)
1/2 tsp cinnamon
1/4 tsp baking soda
1 pinch salt

Use a food processor, magic bullet, or coffee grinder to grind the oats into flour. Mash the banana in a bag or bowl with a fork. Add egg, applesauce, and vanilla extract and combine. Mix oat flour, cinnamon, baking soda, and salt in a separate bowl. Combine with the banana mixture. Cook on a buttered or lightly oiled pan or griddle on medium-high heat (~350 degrees F), about 2-3 minutes on each side. Enjoy!

On Tuesday, March 6th, Cottone worked with Kendra MacDonald’s kindergarten class, Erin Mahar’s first and second graders, and Mitchell’s seventh-grade math class to make rainbow smoothies. Billed as “a fun way to get kids to eat more fruit and vegetables,” the smoothies lived up to expectations. The recipe is available at <http://foodlets.com/2017/01/09/rainbow-smoothies-a-fun-way-for-kids-to-eat-more-fruit-vegetables/>.

Cottone also visited MacDonald’s and Mahar’s classes on Tuesday, February 27th, to make fruit-infused water, an alternative to sugary sodas and fruit drinks. Cottone didn’t use a recipe, but notes that recipes at <http://truebluemeandyou.com/post/23796967501/diy-flavored-water> are similar to the citrus and pineapple drinks the students made.



Shead announces second-quarter Honor Roll

Principal Paul L. Theriault has announced the academic Honor Roll for the first quarter of the 2017-2018 school year.

Students earning Highest Honors are: seniors, Audrey Bradbury and Benjamin Shain; juniors, Jacquelyn Cook, Carroll Francis, Brooklyn Gardner, Madison Greenlaw, and Ethan Moores; sophomores, Jan Luis Arroyo and Sarah Bartlett; and freshmen, Ryleigh Andrews, Jacob Cook, and Rebecca Johnston.

Students earning High Honors are: seniors, Ethan Lank and Cassidy Wilder; juniors, Dustin Amavisca, Trever Fenderson, Roxanna MacGregor, Keegan Miller, and John Henry Mills; sophomores, Cassidee Lawrence and Halle Sullivan; and freshmen, Maleeka Anthony Barnes and Lacoia Francis-Perez.

Students earning Honors are: seniors: Mary Bartlett, Michelle Cook, Aaron Lank, Maritza Olson, Jordan Parker, Britney Prenier, and Maya Tirado; juniors, Margaret Seeley; sophomores, Laura Davis, Jason Garnett, Alyssa Malloch, and George Mills; and freshmen, Austin Ashby, Madison Brown, Jaylen Moore, Hailie Neptune, Teryn Smith-Oravec, Johnathan Sutton, and Anasia Tucker.





Maine state assessments scheduled

The state-mandated Maine Education Assessment (MEA) in Mathematics and English Language Arts (ELA)/Literacy will be held this year on Tuesday, April 10, at Shead. A version of the Scholastic Aptitude Test (SAT), this is a paper-and-pencil assessment required for all third-year high school students. The make-up day will be Tuesday, April 24th. These are the only days that the MEA/SAT can be taken.

The MEA for grades three through eight, the eMPowerMEA, will be scheduled between Monday, March 19th, and Friday, April 13th. This assessment is delivered online.

The annual MEA Science Augmentation exam will be scheduled between Monday, April 2nd, and Friday, April 13th. Again, this assessment to measure student progress in the science standards of the Maine Learning Results is required for all third-year high school students.

The required Science Augmentation assessment for grades five and eight will be held between Monday, April 23rd, and Wednesday, May 4th.



Students attend Engineering Expo

On Saturday, February 24th, five seventh- and eighth-grade students from Eastport and Charlotte Elementary Schools and their chaperones gave up part of their winter break to attend the Maine Engineering Promotional Council's 2018 Engineering Expo at the University of Maine in Orono.

Over 2000 students and adults attended the Expo for some first-hand experiences designed to encourage youth to pursue careers in engineering and technology. From constructing buildings using only spaghetti and marshmallows to working with robotics to using biotrackers to find hidden faux-wildlife, students engaged in a wide variety of activities and exhibits created to excite them about STEM-related (science, technology, engineering, and math) careers.

Exhibits were staffed by engineering and technology students from different majors in the University of Maine's engineering department, as well as professionals from Maine firms such as IDEXX, Central Maine Power, General Dynamics, and Emera Maine. Many of Maine's top engineering firms, engineering schools, educators, government agencies, industry, and engineering societies were on hand to provide hands-on activities and exhibits at the University's New Balance Field House.

One popular feature of the Engineering Expo was Wall-E, an interactive robot resembling the title-character trash-compactor robot "Wall-E" (Waste Allocation Load Lifter, Earth-class) in the Oscar-winning animated Pixar/Disney film released in 2008.



SPRING-BARROW RAFFLE

\$1 for 1 ticket ~ \$5 for 6 tickets

The sophomore class of Shead High School is raffling off a wheel-barrow full of gardening goods and Easter treats!

(tools, plants, seeds, Coast of Maine compost, candy, Easter eggs, hose, sprayer, and more!)

Tickets may be purchased in the SHS office

Special thanks to Johnson's True Value for donating the wheel-barrow!!





Shead National Honor Society holds induction ceremony

On Tuesday, March 6th, the Passamaquoddy Chapter of the National Honor Society (NHS) inducted three new members in a candlelight ceremony in the library at Shead High School. Sophomores Sarah Bartlett, Cassidee Lawrence, and Halle Sullivan are the new inductees.

Emcee for the event was Shead NHS vice-president Jacquelyn Cook. Trevor Fenderson led the members and audience in the Pledge of Allegiance. Eastport Schools Principal Paul Theriault gave the opening remarks.

The “Four Principles” of the NHS were explained in short essays by members Margaret Seeley (Character), Trevor Fenderson (Scholarship), C.J. Francis (Leadership), and Keegan Miller (Service).

New inductees were welcomed into the chapter by Shead NHS advisor Melissa Mitchell and the faculty council, Sharon Cook, Christina Greenlaw, Catherine Lee, Leah McLean, and Damon Weston, who presented certificates and cards of membership, pins, and stoles. The new inductees each lit a candle and signed the register of membership. Jacquelyn Cook led the new inductees in the Oath of Membership.

NHS’s mission is to recognize outstanding high school students who demonstrate excellence in the areas of scholarship, service, leadership, and character. These characteristics have been associated with membership in the organization since its beginning in 1921.

Maine College Circle awards local scholarships

On Tuesday, February 13, at Shead High School, five students from area elementary schools received scholarships from the Maine College Circle (MCC). Students in grades three through six are eligible to apply for the \$100 scholarships.

The application process includes identifying a career path and a college that provides the relevant course of study. Students write an essay describing these elements, including their motivation for pursuing their chosen career and specific college courses required for receiving a degree in their major. Students must also obtain a recommendation from a teacher and a parent or guardian, and rate the amount of effort they put into their total application.

A panel of educators, community members, and high school students (some of them former recipients) met to spend an afternoon scoring the essays and identifying the winning applications.

Eastport Schools principal Paul Theriault welcomed the recipients, their parents, friends, and teachers, and scoring committee members to the celebration. Bob Lewis who works with one of the scholarship sponsors, ORPC, made introductory remarks. Bob Stuart of the MCC introduced each recipient and talked about his or her future plans. He and Lewis presented the students with certificates and T-shirts commemorating their achievements.

Following the ceremony, a pizza party was held for all attendees.

This year’s recipients are Mason Kurnava, grade 3 at Eastport, who hopes to become an archaeologist; Blake Archer, grade 4 at Edmunds, who plans to be a carpenter; Caleb Jamieson, grade 5, Pembroke, who wants to pursue a career as a police officer; Jesse Brown, grade 6, Charlotte, whose ambition is to be a filmmaker; and Emerson Morris, grade 6, also of Charlotte, who hopes to become a professional writer.

The MCC scholarships may be used to pay travel expenses for a campus visit or other related activities.



Mixed Nuts compete at drama fest

Shead High School's Mixed Nuts drama cast and crew traveled to Stearns High School in Millinocket on March 9th for the two-day Regional Maine Drama Festival, where they presented their one-act play, "Squish," by Marianne Hales Harding.

According to Heuer Publishing, publisher of the "Squish" script, "This quirky, slightly dark comedy" features "three sisters, each with her own obsession," as they "struggle to cope with the death of their mother, but their pet bug Roger steals the show." Cast members for Shead's production were Sarah Bartlett, Audrey Bradbury, and Laura Lane. Crew members included stage hands Maleeka Anthony Barnes, Luke Lane, and John Henry Mills; Rebecca Johnston, lights; and Johnathan Sutton, sound. Shead's veteran drama coach, Caryn Chahanovich, again directed.

Bartlett, who played Cal, was awarded All-Festival Cast. Bradbury received a Judge's Commendation for "Best Use of the '5-second' Rule." She explains that this "memorable moment" award came about because she dropped a spatula during one scene, an unscripted accident, and quickly improvised by picking it up, wiping it on a towel, and going on with the scene without getting flustered or missing a beat.

Overall, Shead was awarded seventh place out of nine schools, competing against three Class B schools, four Class C schools, and only one other school in Class D. Schools received constructive feedback from the drama judges after competing.

The Regional and State Maine Drama Festivals are put on by Maine Drama Council, an organization that lists its mission as "through the process of managing and operating the regional and state drama festivals, to provide educational experiences for Maine high school drama students and performance venues for showcasing their many talents."

Participating schools must be members of the Maine Principals Association (MPA), the body that also oversees athletics in Maine high schools. Performing students must meet all MPA eligibility rules, as must students working on the technical side, including running light boards, spotlights, and sound systems, or prompting. The only time that adult involvement is permitted is during the five-minute set up and strike of the play's set.

Congratulations to the Mixed Nuts on another successful season!



Eighth-grade recruiting begins

A team of Shead faculty and students are making visits to area elementary schools to spread the word about curricula, programs, and activities at Shead High School. Each year, a team goes out to talk with eighth-graders, hoping to draw tuition students to Shead.

The team visited Pembroke and Charlotte Elementary Schools on Thursday, March 15th. Other visits will be to Beatrice Rafferty School on Monday, April 2nd, and Perry Elementary School on Tuesday, April 3rd. The team will also present their program to Eastport Elementary School eighth-graders on Thursday, March 22nd.

All interested eighth-graders are invited to visit Shead for Step-Up Day on Monday, May 14th.





JMG students compete to stock food pantry

For the past two years, Shead High School has offered students and their families in need nutritional support non-perishable groceries through the Tiger Den Food Pantry. The pantry accepts food donations from the community as well as from within Shead.

Currently, Shead's Jobs for Maine Graduates (JMG) students are holding a competitive food drive for the pantry. Shead JMG specialist Tara Poole notes that this initiative, along with other community service projects such as working at the annual WQDY/Healthy Acadia Turkey-a-Thon, helps teach students the importance of giving back to the less fortunate. The six JMG classes at Shead are competing with each other to see which will bring in the most items for the pantry.

In addition to the rewarding feeling of helping those in need, there is also a material reward for the class that wins the challenge, an end-of-school-year pizza party.

Sophomore-Junior Prom

Friday, April 6th, at 7:00 pm
in the Shead gymnasium
Group photo at 6:30 pm



Shead greenhouse starts to bloom

The Shead greenhouse is finally turning green! Life sciences teacher Stephanie Allard's horticulture students are busy transplanting kale and cilantro, and will soon be planting sugar-snap peas, snow peas, lettuce, spinach, beets, and carrots in the newly-renovated greenhouse.

The renovations, which are almost complete, include new raised beds, the installation of a ventilation and geo-thermal floor heating and cooling system, and a water spigot and sink. These improvements were made possible by a grant from the Maine Community Foundation and many generous private donations. The horticulture class says a big "Thank you!" to all its donors.

Future planned additions to the greenhouse will include remote temperature and humidity monitoring, and drip irrigation.

The students are starting seeds for an open greenhouse event and seedling sale in early June. Dates for the sale will be announced when plans are complete.

GARDEN WORKDAY

Thursday, April 26, after school
EES playground



All welcome! Have fun:
cleaning up the garden area
repairing the garden beds
transplanting seedlings
enjoying a light snack

Shead High School calendar

March

- 21 School Committee meeting, 6 pm, Shead
- 23 Teacher workshop, no school for students
- 29 1:30 pm release for students
- 30 Third quarter grades close

April

- 6 Sophomore-Junior Prom, 7 pm, Shead gym
- 10 Maine Education Assessment SAT, Shead
- 12 Programs/presentations, EES/Shead
- 13 11:30 am release for students and staff
- 16 Spring break begins
- 23 School resumes
- 24 MEA SAT make-up day, Shead
- 26 1:30 pm release for students
Garden workday at EES, 2:30 pm

May

- 2 11:30 am release for students
- 8 Honor parts ceremony, time TBA, Shead
- 10 1:30 pm release for students
Shead field trip: Sea Dogs game and college fair
- 11 Return from field trip
- 14 Senior Celebration, 8:30 am, Shead
Step-up day for area 8th graders, Shead
- 17 1:30 pm release for students
- 22 Academic Awards luncheon, 11 am, Shead
- 24 1:30 pm release for students
Memorial Day weekend: Senior class trip, dates and destinations to be determined
- 28 Memorial Day, no school

June

- 1 Final day for seniors
Marching/honor part practice to be determined
- 7 Class Day, 2:00 pm, Shead gym
Graduation, 7:00 pm, Shead gym
- 8 Graduation Ball, 7 pm, Shead gym
Grades closing/last day to be determined



Kendra MacDonald's K4-K5 class and Erin Mahar's first- and second-graders visited the Eastport Senior Center on Valentine's Day to sing songs and share snacks.



Erin Mahar's first- and second-graders planned and built leprechaun traps for Saint Patrick's Day.



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The Eastport Elementary School community liaison is Erin Mahar.
The Shead High School community liaison is Catherine Lee.